

HEAD TENNIS PRO:
KEITH FORRESTER, USPTA

Keith brings over 32 years of tournament playing and teaching experience to Westgate Tennis Center. He is certified by the United States Professional Tennis Association and has been with WTC since day 1. He has been the head pro here since 2001. Being born and raised here in Dothan, he brings a lot of heart and soul to Westgate. Having taught literally hundreds of players, his love for teaching the game is second to none.

In addition to having worked with many top juniors, college players and current touring professionals, Keith founded Westgate Tennis academy in 2001. He started a Special Olympics Tennis Team called the *Dothan Spirit*, which has competed around the country in various tournaments including the USA National Special Olympics competition in 2011. Keith also hosts the annual Southeast Tennis Championships for Special Athletes in Dothan, AL.

TEACHING PHILOSOPHY

We use a combination of "traditional" and "games based" approach to teaching. "Traditional" is the teaching of modern techniques & mechanics in detail and then reinforcing these techniques with drills. The "games based" approach employs fun and competitive games with more emphasis on playing, cardio, and having fun.



WESTGATE
TENNIS ACADEMY

Westgate Tennis Academy is designed for the player who wants to make tennis his or her top priority. It provides a fun yet structured environment in which students have the opportunity to set goals and develop into the best possible player they can be.

All students in the Academy are tournament/high school players with goals of acquiring State, Southern and National rankings possibly looking for college scholarships.

Most importantly our goal is to help each individual player develop a sense of high moral character, good sportsmanship, and a solid work ethic that will follow them throughout their life.

Occasionally Keith brings in special guest teaching pros to work with players giving them a different perspective for an added edge to their game.

WESTGATE TENNIS CENTER

334-678-0762
334-678-0763 (FAX)



2012 Tournament Schedule

February 25-27
USTA National Open B14

March 2-3
DTA High School Shootout

March 31-April 3
GA/AL Open Championships BG16+BG18

April 15-22
Women's \$50,000 Professional Tournament

April 20-21
Special Olympics SE Tennis Open

May (TBA)
Adult Linda Stewart Memorial Tri-Level

June 8-10
Junior Linda Stewart Memorial Open

July 7-10
USTA Regional Tournament July Segment
BG12's

September 13-16
USTA State Mixed Doubles

October 5-7
Fourth Annual Terry Kendrick Memorial
Mixed Doubles Compass Draw



2012 TENNIS
PROGRAMS

Adult Lessons

Leagues & Clinics

Quickstart

Junior Development

Keith's Page

**Westgate Tennis
Academy**

Tournaments

USA 1-2-3 ADULT LESSONS

These classes are offered for the true beginners. We teach you proper technique, basic rules & how to play. It is a 3-step program designed for each individual to go at his/her own pace in a group setting. Starting with the beginner classes and moving into intermediate, students can then go into the advanced class which includes league play to put into practice what they've learned.

CLASSES BEGIN WEEK OF MONDAY, JANUARY 16. COME TWICE WEEKLY FOR TOTAL OF 10 CLASSES FOR \$40.

BEGINNERS

11am-Noon Saturday & 1-2pm Sunday

BEGINNER/INTERMEDIATE

Monday & Friday, 10-11am

INTERMEDIATE/ADVANCED

Tuesday & Thursday, 6:30-7:30pm (Advanced players will potentially play league on Tuesday nights & have clinic on Thursdays.)

- All classes must have a minimum of 6 students per class.
- Balls & rackets provided for all lessons.
- Registration fee for USA lessons is only \$40 for 10 lessons.

PROGRAMS FOR ADULT TENNIS PLAYERS

A number of options are available for those who already play tennis but are looking for something extra.

PRIVATE LESSONS: INDIVIDUAL, GROUPS, OR TEAM CLINICS FOR 4-10 PLAYERS

Contact Keith Forrester for availability, 334-797-4674. (7 days a week)

LADIES' MORNING CLASS

Keith offers a Ladies' Adult Class. It is an on-going clinic open to anyone. You may join the class at any time. Perfect for dropping off the kids at school and heading for the courts.

TIME: 8:15-9:30am

MONDAY & FRIDAY

Cost is \$60/month or \$10/day.

TUESDAY NIGHT NON-USTA FUN LEAGUE

This is the most effortless way to play. Just show up and Keith will take care of the rest.

**START TIME: 6:00pm
EVERY TUESDAY NIGHT
RUNS FOR 12 WEEKS
COST IS \$25**

Sign up ASAP! League will not begin until 24 people have registered in order to assure the best possible experience. SINGLES & /OR DOUBLES AVAILABLE.

QUICKSTART PROGRAM

Quickstart is a new program for kids that Westgate Tennis Center actually kicked off for USTA in 2008. It is a new fully-integrated play format for children ages 5-10. As one of the most significant moves ever to introduce tennis to youth, quickstart utilizes equipment, shorter court dimensions, and scoring that is tailored to their age & size. Basically, it allows them to be successful almost immediately, allowing them to learn while they play. For more information, go to usta.com/quickstart.

CLASSES BEGIN WEEK OF MONDAY, JANUARY 16. COME TWICE WEEKLY FOR A TOTAL OF 10 CLASSES FOR \$40.

All classes must have a minimum of 6 students per class. Balls & rackets are provided for all lessons.

Registration fee: \$40 for 10 lessons

5 & 6-YEAR-OLDS

Friday 4-4:30 & Saturday 9:30-10am

7 & 8-YEAR-OLD BEGINNERS

This class is designed for the child who has never picked up a racket or played before.

Friday 4:30-5:15 & Saturday 10:15-11am

7 & 8-YEAR-OLD FUTURE STARS

This class is for the child that has played before with the goal of moving up to the Top Gun Class.

Monday & Wednesday, 5:30-6:15

7 & 8-YEAR-OLD TOP GUNS

(Tournament Players)

Monday & Wednesday, 3:30-4:15

JUNIOR DEVELOPMENT

Junior Development is a youth program designed for kids ages 9 & up who want the opportunity to continually develop and advance his or her skills in the game.

CLASSES BEGIN WEEK OF MONDAY, JANUARY 16. (TWICE WEEKLY PLUS ADDITIONAL BONUS SATURDAY CLASS). PLAYERS MAY ENTER THIS CLASS AT ANY TIME DURING THE YEAR.

CLASS TIMES:

Tuesday & Thursday, 5:30-6:30

Bonus Class:

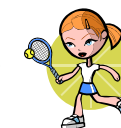
Designed to give them and extra opportunity to practice/play.

Saturday, 10am-Noon

Registration Fee:

\$60

For more information, contact Keith at (334) 797-4674.



Junior League

In 2011 WTC began a program for Level 5 players (Kids who know how to play matches but have never played a tournament.) Our goal is to pull players from the surrounding areas together for some fun & friendly competition 6-8 times a year.

For more information, contact Don Bryan or Keith Forrester at (334) 678-0762.