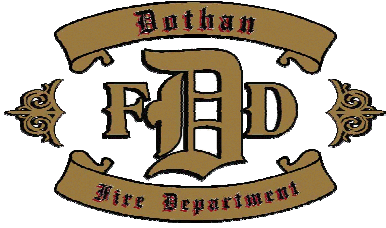
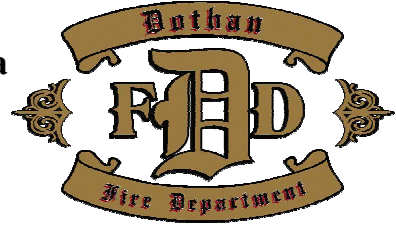


**Dothan Fire Department / Dothan Runners Club  
 "Fit to Fight" – 5K / 10K Run/Walk**



**Saturday May 23, 2009  
 Downtown – Dothan, Alabama**



**REGISTRATION:  
 6:30 – 7:45 a.m. – Fire Station #1  
 600 Columbia Highway**

8:00 a.m. Start Time

<i>Entry Fees</i>		
	Received by 04/24/09	After 4/24 and Race Day
5K	\$ 15.00	\$ 20.00
10 K	\$ 20.00	\$ 25.00

**Pre-register to reserve your correct size T-Shirt and availability on Race Day**

**AWARDS CEREMONY & POST RACE CELEBRATION**  
 Fire Station #1 - Complimentary food and beverages will be provided.

**Proceeds to be used for Physical Fitness Equipment and Education to ensure our members  
 are "Fit to Fight" for our citizens and visitors.**

**"Fit to Fight" – 5K / 10K Run/Walk -Registration & Waiver Form**

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event including, but not limited to, falls; contact with other participants; the effects of weather, including high heat and/or humidity; traffic; and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Dothan Runners Club, the City of Dothan, and all race sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in the 2009 "Fit to Fight" 5K / 10K Run/Walk

Name \_\_\_\_\_ Sex: M F Age: (on 5/23/09) \_\_\_\_\_

Address \_\_\_\_\_

City, State & Zip \_\_\_\_\_

Phone# \_\_\_\_\_ E-Mail \_\_\_\_\_

Date of Birth \_\_\_\_\_

Select One: Run Walk T-Shirt Size: S M L XL XXL

Signature \_\_\_\_\_ Date \_\_\_\_\_  
 (Parent or guardian must sign if entrant is under 18 years of age)

Make checks payable to: **Dothan Fire Department**

Mail to: **Dothan Fire Department  
 Attn: Chief Shan Ash  
 600 Columbia Highway  
 Dothan, AL 36301**

No entry accepted without required fee. No refunds. All entries must be signed.  
 For more information, call Chief Ash (334) 615-4501 or [snash@dothan.org](mailto:snash@dothan.org)