

# Westgate Indoor Pool Schedule

## January-May 2012

### Aquacise (Adult)

<u>Class Days</u>	<u>Class Times</u>	<u>Class Cost</u>	<u>Capacity</u>	<u>Session I</u>	<u>Session II</u>	<u>Session III</u>
MWF	7-8 am	\$20	30	Jan 9-Feb 17	Feb 20-Mar 30	*April 2-May 18
MWF	8-9 am	\$20	30	Jan 9-Feb 17	Feb 20-Mar 30	*April 2-May 18
MWF	9-10 am	\$20	30	Jan 9-Feb 17	Feb 20-Mar 30	*April 2-May 18
MW	10-11am	\$20	30	Jan 9-Feb 17	Feb 20-Mar 30	*April 2-May 18
MWF	1-2 pm	\$20	30	Jan 9-Feb 17	Feb 20-Mar 30	*April 2-May 18
MWF	2-3 pm	\$20	30	Jan 9-Feb 17	Feb 20-Mar 30	*April 2-May 18
TTH	8-9:30am	\$20	30	Jan 10-Feb 16	Feb 21-Mar 29	*April 3-May 17
TTH	9:30-11am	\$20	30	Jan 10-Feb 16	Feb 21-Mar 29	*April 3-May 17
TTH	6-7 p	\$20	30	Jan 10-Feb 16	Feb 21-Mar 29	*April 3-May 17

**AQUACISE REGISTRATION:** (8:15 am) for Session I is 01/03/12. Registration for Session II is 2/14/12. Registration for Session III is 3/27/12.

*\*Note: Westgate opens at 5:30 am for those who would like to come early.*

*\*NO Aquacise or AquaZumba classes will be held the week of Spring Break, April 16-20.*

### AquaZumba (Adult)

<u>Class Days</u>	<u>Class Times</u>	<u>Class Cost</u>	<u>Capacity</u>	<u>Session I</u>	<u>Session II</u>	<u>*Session III</u>
TTH	2-3 pm	\$60	30	Jan 10-Feb 16	Feb 21-Mar 29	*April 3-May 17
MW	8-9 pm	\$60	30	n/a	n/a	April 23-May 30

**AQUAZUMBA REGISTRATION:** (9 am) for Session I is 01/03/12. Registration for Session II is 02/14/12. Registration for Session III is 3/27/11.

*\*NO Aquacise or AquaZumba classes will be held the week of Spring Break, April 16-20.*

### Lifeguard Training (ages 15 and up)

<u>Class Days</u>	<u>Class Times</u>	<u>Class Cost</u>	<u>Class #1</u>	<u>Class #2</u>	<u>Class #3</u>	<u>Class #4</u>
MWTH	6-9 pm	\$40.00	Jan 16-Feb 2	Feb 6-Feb 23	Feb 27-Mar 15	Mar 19-Apr 5

### Lifeguard Instructor (ages 17 and up)

MWTH	6-9 pm	\$20.00	Mar 19-Apr 5
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### Water Safety Instructor (ages 17 and up)

MWTH	6-9 pm	\$20.00	Apr 2-Apr 19
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### \*\*Water Exploration (6 months – 18 months)

MWTH	7-7:30 pm	\$13.50	Apr 23-May 10
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### \*\*Tiny Tots (18 months-3 years)

MWTH	7-7:30 pm	\$13.50	Apr 23-May 10
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### Little Tykes (4-5 years old)

MWTH	7:30-8 pm	\$13.50	Apr 23-May 10
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### Beginner Level I & II (ages 6 and up)

MWTH	7-7:45 pm	\$10.00	Apr 2-Apr 19
MWTH	7-7:45 pm	\$10.00	May 14-May 31

## SPRING BREAK!

The public pool hours will be extended during spring break, April 16-20. The hours will be as follows:

Mon, Tue, Wed, Thu, Fri 2-6 pm  
Sat 1-6 pm

## JOIN THE DOTHAN DOLPHINS SWIM TEAM!

Anyone 6-18 years old can try out by swimming one length of the pool. Call 615-3755 for more information! Tryout dates are as follows:

January 9<sup>th</sup> 5:15 pm  
February 6<sup>th</sup> 5:15 pm  
March 5<sup>th</sup> 5:15 pm  
April 2<sup>nd</sup> 5:15 pm  
May 7<sup>th</sup> 5:15 pm

## REGISTRATION

*\*\*Ongoing registration for Learn-to-Swim Classes begins January 3, 2012 at Westgate. (See above for Aquacise and AquaZumba)*

*\*\*Please Note: An adult must be in the water with each child for Water Exploration and Tiny Tots.*

